

**Start the dialogue about employee health and wellness and  
bend the cost curve for chronic disease management**



**Join us for lunch and captivating conversation**  
**Thursday, January 22, 2015 | noon – 1 pm**

3 Summit Park Auditorium (Lower Level)  
Independence, OH (just west of Rockside at 77 exit)

**You invest in wellness to:**

- Control insurance premiums
- Improve productivity
- Create healthier, happier employees

**You need a wellness solution that:**

- Engages your employees
- Helps them monitor their health and progress
- Provides customizable educational opportunities

**hChoices is that solution:**

- Live and onDemand health programming
- Onsite health monitoring with secure tracking
- Online wellness challenges
- Engaging content to keep employees motivated
- Offsite access to connect family members
- Vehicle to improve awareness

